

Host Home Fact Sheet for Residents and Advocates

About Host Homes:

A host home is a type of shared living arrangement in which people with intellectual and developmental disabilities (I/DD) and people without disabilities choose to live together. Individuals in the community are paid through Medicaid to allow people with I/DD to live in their homes. A maximum of three people with I/DD may live in a host home. While living in a host home, you can receive support services, including peer mentorship, supported employment, day habilitation programming, and non-medical transportation.

Requesting to Live in a Host Home:

In order to live in a host home, you must qualify for a Medicaid Home and Community Based Services, Developmental Disabilities (HCBS-DD) waiver.

→ Step 1: Contact your Community Centered Board to apply for a HCBS-DD waiver.

A Community Centered Board (CCB) is a social services organization that the state of Colorado approves to enroll people with I/DD in HCBS-DD waivers and provide case management services. To get a HCBS-DD waiver, you must:

- Be 18 years old
- Have a developmental disability, as determined by a CCB
- Need supports or services 24 hours per day
- Have income less than \$2,742 monthly¹
- Have resources less than \$2,000 if you are single or \$3,000 if you are married
- Complete a Supports Intensity Scale (SIS) Assessment²

Once a CCB completes your disability determination and SIS Assessment, they will send you a letter within 11 business days, and the letter will tell you if you get a HCBS-DD waiver. If you are denied a HCBS-DD waiver, you have a right to appeal. If you are approved, then your CCB will coordinate an interdisciplinary team who will work with you to create an Individualized Plan. Find your local CCB <u>here</u>.

→ Step 2: Your CCB will connect you with a Program Approved Service Agency. CCBs contract with Program Approved Service Agencies (PASAs) to provide the supports and services in your Individualized Plan. The referral from your CCB to a PASA in your area is called a Request for Provider. You have the right to choose from all the PASAs in your area, and the CCB is required to give you information about them. The PASA you choose will then work with you to create an Individual Service and Support Plan.

¹ The income limit for HCBS-DD is three times the current SSI monthly allotment. The current SSI monthly allotment is \$914, and \$914 multiplied by three is \$2,742. *SSI Federal Payment Amounts For 2023*, Soc. SEC. ADMIN., <u>https://www.ssa.gov/OACT/COLA/SSI.html</u> (last visited Oct. 24, 2022).

² Your level of care must meet the federal definition of "Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID)," which will be determined by a CCB through the SIS Assessment.

→ Step 3: Work with your PASA to find a host home.

PASAs contract with families and community members to offer host homes. It is your choice if you want to live in a host home or another place in the community. Before you move into your host home, the PASA will visit the home and make sure that there is a working fire extinguisher, smoke alarms, and carbon monoxide detectors. The PASA will continue to visit your host home at least once every three months. The PASA must train your host home provider in the supports and services you need based on your Individual Service and Support Plan. They must also receive training on your rights as a resident and on preventing abuse and neglect. Host home providers must pass a Colorado Adult Protective Services Program check, and everyone living in your host home who is over 18 years old must pass a criminal background check.

Your Rights:

As a host home resident, you have the right to:

- Manage you own money and possessions
- Have your own bedroom, unless you choose to share with a roommate
- Have a key to your host home and a lock on your bedroom and bathroom doors
- Access to the kitchen and the common areas of the house
- Access to food at all times and choice of when, where, and what you want to eat
- 15-day notification prior to any proposed changes with your host home placement and a right to appeal any proposed changes through your PASA's grievance procedure
- Annual notification of your PASA's grievance procedure
- Participate in your PASA's consumer satisfaction survey, which must occur at least every 2 years

Your rights may only be temporarily suspended if you were to harm yourself or others, <u>and</u> they may only be suspended by a qualified professional in consultation with your interdisciplinary team. You must be notified before your rights are suspended. Your CCB's Human Rights Committee must review the proposed suspension and give you a chance to provide information.

Filing a Complaint:

If you have a problem with your host home, you can follow your PASA's grievance procedure. You can also file a complaint with <u>the Colorado Department of Heath Care</u> Policy and Financing or the Colorado Department of Public Health and Environment.

Sources:

Code of Colorado Regulations (C.C.R.), Department of Health Care Policy and Financing, Home and Community-Based Services for Individuals with Intellectual or Developmental Disabilities (HCBS-DD) Waiver, <u>10 C.C.R. 2505-10 8.500</u> and Services for Individuals with Intellectual and Developmental Disabilities, <u>10 C.C.R. 2505-10</u> <u>8.600</u>.